

**Ergebnisliste**

## Halbmarathon

## Männer

|          |     |                           |      |                          |         |
|----------|-----|---------------------------|------|--------------------------|---------|
| 1. /1.   | 225 | Ziegert, Andre            | 1982 | TV Attendorn             | 1:27:27 |
| 2. /5.   | 240 | Mazur, Michael            | 1984 | LG Plettenberg/Herscheid | 1:35:20 |
| 3. /17.  | 224 | Wulff, Sascha             | 1982 | Privat                   | 1:46:39 |
| 4. /24.  | 273 | Spies, Oliver             | 1990 | Schützenverein Heggen    | 1:47:40 |
| 5. /26.  | 194 | Neu, Jonathan             | 1990 | Privat                   | 1:48:28 |
| 6. /30.  | 209 | Schulte, Jonas            | 1988 | SUG for Haiti            | 1:49:31 |
| 7. /34.  | 298 | Kraft, Jascha             | 1986 | Privat                   | 1:49:47 |
| 8. /38.  | 236 | Schatte, Sebastian        | 1982 | Privat                   | 1:50:56 |
| 9. /63.  | 188 | Lingemann, Johannes Felix | 1986 | Privat                   | 1:59:01 |
| 10. /80. | 292 | Ullrich, Norman           | 1984 | TuS 08 Bilstein          | 2:03:41 |
| 11. /100 | 251 | Heimes, Sebastian         | 1990 | Privat                   | 2:10:22 |
| 12. /106 | 231 | Hermanspann, Stephan      | 1983 | FV Ostercappeln          | 2:14:05 |

## Halbmarathon

## Frauen

|         |     |                 |      |               |         |
|---------|-----|-----------------|------|---------------|---------|
| 1. /131 | 264 | Preckel, Krista | 1989 | Anlauf Siegen | 2:55:15 |
|---------|-----|-----------------|------|---------------|---------|

## Halbmarathon

## Männl. Jugend A

|         |     |                     |      |                     |         |
|---------|-----|---------------------|------|---------------------|---------|
| 1. /65. | 172 | Gatesch, Martin     | 1992 | TuS Plettenberg     | 1:59:13 |
| 2. /77. | 226 | Zöllner, Moritz     | 1992 | TV Jahn Plettenberg | 2:03:29 |
| 3. /79. | 256 | Tsialampanas, Chris | 1992 | TV Rönkhausen       | 2:03:39 |

## Halbmarathon

## Weibl. Jugend A

|         |     |                |      |                     |         |
|---------|-----|----------------|------|---------------------|---------|
| 1. /122 | 171 | Galleinus, Kim | 1993 | ASG Mountain Attack | 2:24:36 |
|---------|-----|----------------|------|---------------------|---------|

## Halbmarathon

## Männl. Jugend B

|         |     |               |      |               |         |
|---------|-----|---------------|------|---------------|---------|
| 1. /88. | 255 | Huß, Johannes | 1994 | TV Rönkhausen | 2:05:44 |
|---------|-----|---------------|------|---------------|---------|

## Halbmarathon

## Senioren M30

|         |     |                       |      |               |         |
|---------|-----|-----------------------|------|---------------|---------|
| 1. /19. | 192 | Meth, Johannes        | 1978 | Privat        | 1:46:41 |
| 2. /49. | 167 | Freitag, Jörg         | 1978 | Privat        | 1:55:18 |
| 3. /51. | 201 | Pospischil, Christian | 1981 | SUG for Haiti | 1:55:44 |
| 4. /55. | 212 | Springob, Thorsten    | 1979 | SUG for Haiti | 1:56:44 |
| 5. /122 | 238 | Kauss, Sebastian      | 1981 | Privat        | 2:24:36 |

## Halbmarathon

## Seniorinnen W30

|         |     |                            |      |                 |         |
|---------|-----|----------------------------|------|-----------------|---------|
| 1. /60. | 252 | Rickert, Kathrin           | 1981 | Privat          | 1:57:53 |
| 2. /73. | 283 | Spiekermann-Griese, Gisela | 1978 | Privat          | 2:02:26 |
| 3. /117 | 268 | Führt, Susanne             | 1977 | TuS 08 Bilstein | 2:22:14 |
| 4. /124 | 232 | König, Steffi              | 1978 | Wir sind wir    | 2:26:41 |

## Halbmarathon

## Senioren M35

|          |     |                      |      |                            |         |
|----------|-----|----------------------|------|----------------------------|---------|
| 1. /7.   | 178 | Homann, Guido        | 1976 | Stammdienststelle BW-Köln  | 1:38:55 |
| 2. /18.  | 156 | Berg, Torsten        | 1975 | Privat                     | 1:46:40 |
| 3. /23.  | 288 | Praski, Robert       | 1972 | Privat                     | 1:47:29 |
| 4. /31.  | 245 | Schütte, Marc        | 1975 | 1. Kölner Laufstall        | 1:49:34 |
| 5. /36.  | 210 | Schulte, Frank       | 1973 | Max Sport Attendorn        | 1:50:35 |
| 6. /42.  | 278 | Springmann, Ralf     | 1975 | Niederste Poorte Attendorn | 1:52:14 |
| 7. /53.  | 261 | Ditzer, Holger       | 1973 | Privat                     | 1:56:33 |
| 8. /76.  | 191 | Menn, Markus         | 1976 | Schalke 04                 | 2:03:15 |
| 9. /82.  | 248 | Weber, Thorsten      | 1975 | Mc Zert                    | 2:04:36 |
| 10. /85. | 254 | Othmer, Andreas      | 1972 | Privat                     | 2:04:40 |
| 11. /96. | 190 | Matheis, Marco       | 1975 | Privat                     | 2:08:15 |
| 12. /102 | 182 | Kortus, Stefan       | 1973 | Privat                     | 2:11:45 |
| 13. /104 | 173 | Grünert, Michael     | 1975 | Die Drei Fragezeichen      | 2:12:52 |
| 14. /109 | 185 | Lammersmann, Kai Uwe | 1974 | TV Attendorn               | 2:15:14 |

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## Seniorinnen W35

|         |     |                         |      |               |         |
|---------|-----|-------------------------|------|---------------|---------|
| 1. /78. | 297 | Fernholz, Sandra        | 1972 | Privat        | 2:03:30 |
| 2. /95. | 177 | Holdingshausen, Bianca  | 1975 | Anlauf Siegen | 2:08:03 |
| 3. /124 | 233 | Brinker, Anne           | 1973 | Wir sind wir  | 2:26:41 |
| 3. /124 | 234 | Klein-Zenker, Alexandra | 1974 | TV Attendorf  | 2:26:41 |

## Halbmarathon

## Senioren M40

|          |     |                      |      |                          |         |
|----------|-----|----------------------|------|--------------------------|---------|
| 1. /3.   | 220 | Wilmes, Heiko        | 1969 | TV Refrath               | 1:33:53 |
| 2. /6.   | 151 | Alfes, Frank         | 1967 | FC Altenhof              | 1:38:46 |
| 3. /9.   | 257 | Müller, Steffen      | 1969 | ASV Iserlohn             | 1:39:57 |
| 4. /13.  | 214 | Teusch, Frank        | 1970 | Skiclub Olpe e.V.        | 1:44:45 |
| 5. /16.  | 163 | Eberhardt, Torsten   | 1969 | RW Lüdenscheid           | 1:46:06 |
| 6. /21.  | 295 | Rademacher, Ansgar   | 1968 | Privat                   | 1:47:07 |
| 7. /25.  | 222 | Wolters, Oliver      | 1969 | Borussia Mönchengladbach | 1:47:48 |
| 8. /28.  | 262 | von der Crone, Frank | 1969 | Privat                   | 1:49:16 |
| 9. /35.  | 154 | Beaufils, Emmanuel   | 1970 | Privat                   | 1:50:23 |
| 10. /44. | 215 | Thomalla, Kai        | 1968 | TV Olpe                  | 1:53:28 |
| 11. /46. | 250 | Acker, Markus        | 1969 | Privat                   | 1:53:53 |
| 12. /56. | 258 | Feußner, Oliver      | 1970 | megatourteam             | 1:56:58 |
| 13. /59. | 181 | Köhnke, Oliver       | 1969 | LC Attendorf             | 1:57:34 |
| 14. /64. | 229 | Alterauge, Markus    | 1967 | SC Drolshagen            | 1:59:07 |
| 15. /68. | 243 | Maiworm, Volker      | 1969 | Privat                   | 2:00:27 |
| 16. /72. | 223 | Woolard, Colin       | 1968 | Privat                   | 2:01:14 |
| 17. /75. | 184 | Kurschus, Reiner     | 1967 | Privat                   | 2:03:10 |
| 18. /83. | 202 | Pospischil, Guido    | 1971 | SUG for Haiti            | 2:04:38 |
| 19. /97. | 259 | Graewe, Olaf         | 1971 | Privat                   | 2:08:21 |
| 20. /101 | 164 | Ernst, Jari-Hermann  | 1971 | Privat                   | 2:10:44 |
| 21. /103 | 213 | Stiefel, Michael     | 1969 | Die Drei Fragezeichen    | 2:12:50 |
| 22. /119 | 205 | Sauer, Boris         | 1968 | Privat                   | 2:22:51 |
| 23. /129 | 165 | Fehling, Michael     | 1969 | Privat                   | 2:34:20 |

## Halbmarathon

## Seniorinnen W40

|          |     |                       |      |                         |         |
|----------|-----|-----------------------|------|-------------------------|---------|
| 1. /67.  | 239 | Schneider, Melanie    | 1971 | Shark attack Saalhausen | 2:00:14 |
| 2. /69.  | 174 | Hellner, Astrid       | 1971 | TV Attendorf            | 2:00:34 |
| 3. /84.  | 293 | Henrichs, Maria       | 1967 | Privat                  | 2:04:39 |
| 4. /89.  | 152 | Angsmann-Bell, Meike  | 1969 | SSV Gerlingen           | 2:06:22 |
| 5. /98.  | 279 | Müller-Köhnke, Nicole | 1970 | LC Attendorf            | 2:08:24 |
| 6. /107  | 198 | Neumann, Heike        | 1968 | Privat                  | 2:14:26 |
| 7. /114  | 162 | Dreute, Melanie       | 1968 | TUS Deutz               | 2:20:56 |
| 8. /119  | 199 | Pack, Susanne         | 1969 | Privat                  | 2:22:51 |
| 9. /127  | 179 | Kleine, Kirsten       | 1971 | Privat                  | 2:28:04 |
| 10. /132 | 200 | Peltner, Ursula       | 1967 | Rehbeinchen n.e.V.      | 2:59:10 |

## Halbmarathon

## Senioren M45

|          |     |                      |      |                            |         |
|----------|-----|----------------------|------|----------------------------|---------|
| 1. /2.   | 244 | Brockfeld, Stefan    | 1966 | TuS Deuz                   | 1:27:55 |
| 2. /8.   | 282 | Gerhardus, Jörn      | 1966 | VfL Kirchen                | 1:39:05 |
| 3. /10.  | 157 | Berg, Rainer         | 1963 | FC Schreibershof           | 1:41:02 |
| 4. /11.  | 276 | Wulf, Michael        | 1965 | TV Attendorf               | 1:41:13 |
| 5. /12.  | 186 | Langenohl, Jürgen    | 1966 | Privat                     | 1:43:13 |
| 6. /14.  | 289 | Kröger, Burkhard     | 1962 | Lauffreunde Heggen         | 1:45:55 |
| 7. /20.  | 230 | Klein, Ernst         | 1962 | TV Attendorf TRI-Time      | 1:46:50 |
| 8. /22.  | 242 | Hernandez, Oscar     | 1966 | LAC Veltins Hochsauerland  | 1:47:21 |
| 9. /32.  | 160 | Cremer, Christoph    | 1962 | cetec-team                 | 1:49:35 |
| 10. /33. | 274 | Hennes, Frank        | 1965 | TV Attendorf               | 1:49:36 |
| 11. /39. | 237 | Alteri, Rudolf       | 1964 | Privat                     | 1:51:05 |
| 12. /46. | 228 | Hilleke, Wolfgang    | 1963 | BSG Stadtverwaltung/K'haus | 1:53:53 |
| 13. /48. | 267 | Püttschneider, Frank | 1963 | Marathon Club Menden       | 1:54:24 |
| 14. /50. | 260 | Berg, Guido          | 1965 | FC Schreibershof           | 1:55:23 |
| 15. /52. | 170 | Galleinus, Jens      | 1965 | MSC Herscheid              | 1:55:58 |
| 16. /53. | 246 | Okroy, Stephan       | 1965 | Privat                     | 1:56:33 |

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**Ergebnisliste**

|                                     |     |                        |      |                            |         |
|-------------------------------------|-----|------------------------|------|----------------------------|---------|
| 17. /58.                            | 284 | Keßler, Hans-Jürgen    | 1963 | Privat                     | 1:57:20 |
| 18. /61.                            | 187 | Lenski, Norbert        | 1962 | Anlauf Marathonteam        | 1:57:55 |
| 19. /66.                            | 247 | Ortwig, Dirk           | 1966 | BC Herscheid               | 1:59:50 |
| 20. /93.                            | 203 | Rieger, Christian      | 1963 | FC Schreibershof           | 2:06:31 |
| 21. /94.                            | 183 | Krupp, Georg           | 1963 | BSG Stadtverwaltung/K'haus | 2:07:38 |
| 22. /99.                            | 291 | Faust, Thorsten        | 1965 | Privat                     | 2:08:59 |
| 23. /114                            | 161 | Dreute, Peter          | 1966 | TUS Deutz                  | 2:20:56 |
| 24. /116                            | 263 | Siden, Andreas         | 1964 | Run + Bike Team Schauerte  | 2:21:16 |
| 25. /118                            | 189 | Marburger, Heinrich    | 1963 | FSV Helden                 | 2:22:38 |
| 26. /133                            | 219 | Werny, Udo             | 1964 | Privat                     | 3:02:46 |
| <b>Halbmarathon Seniorinnen W45</b> |     |                        |      |                            |         |
| 1. /37.                             | 265 | Wigger, Mariele        | 1966 | SV Hützemert               | 1:50:43 |
| 2. /74.                             | 227 | Michels, Susanne       | 1964 | TV Attendorn               | 2:02:41 |
| 3. /92.                             | 166 | Forne Gonzales, Maite  | 1964 | ceotec-team                | 2:06:25 |
| 4. /110                             | 206 | Schlichting, Alexandra | 1962 | Roadrunner                 | 2:15:15 |
| 5. /113                             | 280 | Rüb, Ruth              | 1965 | BNK                        | 2:20:32 |
| 6. /121                             | 275 | Fuchs, Heike           | 1964 | TSG Helberhausen           | 2:23:20 |
| 7. /133                             | 197 | Neuhaus, Susanne       | 1964 | Privat                     | 3:02:46 |
| <b>Halbmarathon Senioren M50</b>    |     |                        |      |                            |         |
| 1. /27.                             | 294 | Cisnik, Dieter         | 1959 | Privat                     | 1:48:53 |
| 2. /29.                             | 277 | Langwald, Thomas       | 1961 | TSG Valbert 1894           | 1:49:26 |
| 3. /40.                             | 204 | Runkel, Uwe            | 1961 | FC Bayern München          | 1:51:36 |
| 4. /62.                             | 249 | Meisch, Jürgen         | 1961 | FC Altenhof                | 1:58:40 |
| 5. /71.                             | 281 | Janetzko, Jörg         | 1957 | GWG Wuppertal              | 2:01:04 |
| 6. /87.                             | 235 | Kurlandt, Heinz        | 1959 | Privat                     | 2:05:27 |
| 7. /89.                             | 155 | Bell, Martin           | 1961 | Drolshagen                 | 2:06:22 |
| 8. /111                             | 195 | Neu, Hans Ludger       | 1958 | Privat                     | 2:15:33 |
| 9. /112                             | 217 | Tillmann, Thomas       | 1959 | Rehbeinchen n.e.V.         | 2:18:06 |
| <b>Halbmarathon Seniorinnen W50</b> |     |                        |      |                            |         |
| 1. /41.                             | 286 | Brutzer, Birgit        | 1959 | Skiclub Olpe e.V.          | 1:52:00 |
| 2. /91.                             | 271 | Selter, Ulla           | 1959 | TV Attendorn               | 2:06:24 |
| 3. /108                             | 180 | Koch, Marion           | 1957 | Privat                     | 2:14:36 |
| <b>Halbmarathon Senioren M55</b>    |     |                        |      |                            |         |
| 1. /4.                              | 296 | Quest, M.              | 1955 | Privat                     | 1:34:27 |
| 2. /15.                             | 270 | Lütticke, Winfried     | 1956 | SV Hützemert               | 1:46:01 |
| 3. /57.                             | 216 | Tillen, Achim          | 1956 | Privat                     | 1:57:10 |
| 4. /70.                             | 269 | Achenbach, Paul        | 1955 | TV Büschergrund            | 2:00:40 |
| 5. /81.                             | 285 | Wolfschläger, Albert   | 1956 | Skiclub Olpe e.V.          | 2:04:03 |
| 6. /85.                             | 253 | Civka, Günter          | 1953 | Privat                     | 2:04:40 |
| <b>Halbmarathon Senioren M60</b>    |     |                        |      |                            |         |
| 1. /43.                             | 272 | Normann, Horst         | 1948 | SCSW Attendorn             | 1:53:17 |
| 2. /105                             | 241 | Meinhold, Günter       | 1950 | Stolpertrupp Ihmert        | 2:12:57 |
| <b>Halbmarathon Seniorinnen W60</b> |     |                        |      |                            |         |
| 1. /128                             | 168 | Freitag, Frieda        | 1951 | Privat                     | 2:28:11 |
| <b>Halbmarathon Senioren M65</b>    |     |                        |      |                            |         |
| 1. /45.                             | 287 | Köster, Heinz-Werner   | 1946 | Skiclub Olpe e.V.          | 1:53:32 |

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18.06.2011 / 21:11

### Ergebnisliste

Halbmarathon

Senioren M70

1. /130

175 Hinkelmann, Rudolf

1938

SC Listernoehl

2:46:00